

Dear Student,

## Welcome to the University of Pavia!

We are glad you have chosen to study with us and we hope this handbook will help you learn more about life at our campus.

Our aim is to provide you with practical information that you will need as a new International/Exchange student and as a **new Member of Pavia's academic community**.

Please read it carefully before you arrive and keep it ready at hand for future reference during your stay.

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# City of Pavia

Located in **Lombardy Region**, only 30 kilometres south of Milan, the city of Pavia offers a lively, genuine and cooperative environment with a high quality of life.

Pavia is the capital of the fertile **Province of Pavia**, which is known for a variety of agricultural products, including wine, rice, cereals and dairy products.

Founded in Roman times, from 568 to 774 Pavia became the capital of the Lombard Kingdom, and its fascination remains intact with the centre's maze of narrow streets, ancient churches and elegant buildings, all bordered by the **Ticino river**.

Pavia's population is made up of approximately 70.000 inhabitants and **26.000 students**.

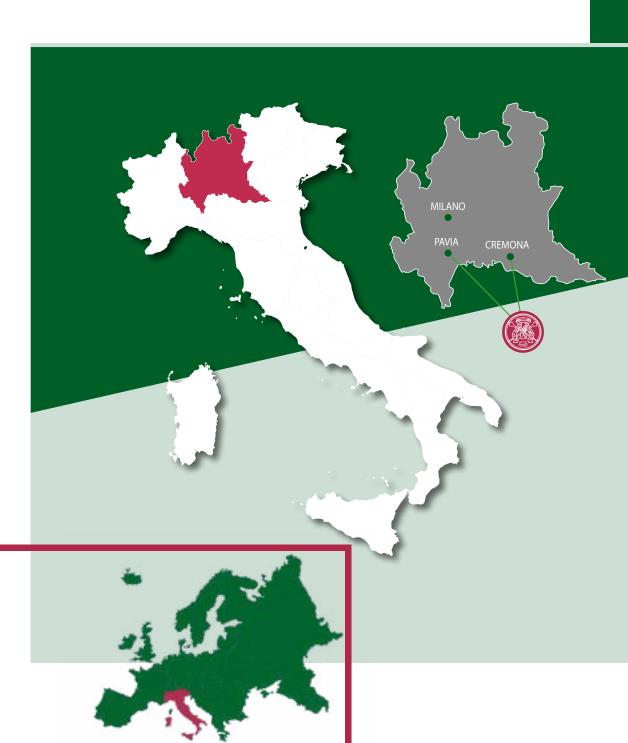
The countless events, festivals, exhibitions, concerts, meeting places and University sports competitions combine to create an **ideal place to live and study**.

Pavia's places and events
Province of Pavia's places and events

The University has two main campuses:

- **Humanities and Social sciences** ("Polo Centrale") in the city centre;
- **Scientific sciences** ("Polo Cravino") in the western part of Pavia, near the major hospital.

Pavia - Google Maps



# **Transports**

## **HOW TO REACH PAVIA**

## **BY PLANE**

Students can fly to one of Milan's three airports: Malpensa (90 km from Pavia), Linate (50 km from Pavia) or Orio al Serio (70 km from Pavia).

## MALPENSA AIRPORT

Several buses (Malpensa Shuttle - 10€) and trains (Malpensa Express - 13€) connect the airport to Milan's central railway station, from which it is possible to take a train to Pavia (4-9€).

## LINATE AIRPORT

Regular bus service connects Linate to downtown Milan (<u>ATM Milano</u> Line 73 -  $2 \in$ ) and to Milan's central railway station (<u>Linate Shuttle</u> -  $5 \in$ ). From Milan's central railway station it is possible to take a <u>train</u> to Pavia ( $4-9 \in$ ).

## ORIO AL SERIO AIRPORT

Several buses (Orio Shuttle -  $10 \\in$ ) connect the airport to Milan's central railway station, from which it is possible to take a train to Pavia ( $4 \\in$ 9in).

## **BY TRAIN**

Most European cities are connected to Milan's central railway station by direct trains. From Milan's central railway station to Pavia there are two train options: regional ones  $(4 \in)$  and intercity ones  $(9 \in)$ . Other Milan's railway stations -such as Milan Rogoredo, Milan Bovisa, Milan Porta Garibaldi- are connected to Pavia through regional trains, as well.

## **BY FLIXBUS**

Many European cities are connected to Milan by FlixBus.

From FlixBus stops you can take an <u>ATM Milano</u> bus/metro train to Milan Famagosta bus station, which is connected to Pavia's bus station by buses running every 30 minutes (<u>Autoguidovie Pavia</u> Line 175 - 4,10€).

## HOW TO MOVE AROUND PAVIA AND SUR-ROUNDINGS

## BY URBAN BUS

Pavia's local bus company is called <u>Autoguidovie Pavia</u>. You can buy urban tickets (1,30€) at the newsstand/tobacco shop, on board (with an extra charge), or directly on the app "Autoguidovie", which is available in several languages. On the app you can plan your journey and check the bus schedule for each stop.

Unipv and Autoguidovie offer all students <u>UNIPASS</u>, an urban bus pass for the whole academic year at 20€. In order to obtain your pass, follow these instructions.

## BY BIKE AND CAR SHARING

Pavia in Bici is the bike sharing service provided by the city of Pavia. At a price of 20€ per year it is possible to borrow a bike in one of the different bike parks. Each time the first hour of use is completely free.

E-vai is the car sharing service provided by the Lombardy Region. At a price of 6€ per hour users can borrow an eco-friendly car to move and park for free in the whole Region (even in restricted areas of the city centre).

## BY EXTRA-URBAN BUS

Autoguidovie buses also connect Pavia to Milan (every 30 minutes) and to the main towns of the Province of Pavia (Pavia area, Lomellina area, Oltrepò area).

In addition <u>MarinoBus</u> service connects Pavia to almost any part of Italy and to some cities in France.

Bus station: Viale Trieste 23, Pavia

## **BY TRAIN**

From Pavia's train station you can reach any medium-big city in Italy. <u>Trains</u> to Milan run every 20 minutes.

**Train station**: Piazzale della Stazione, Pavia

## **BY FLIXBUS**

Unipv and FlixBus offer all students a 10% discount, which is valid once a month on national and international rides. First of all you have to email

richiesta.password@flixbus.it from your University email address (subject "Password request, University of Pavia/home University"; include your name and University in the email body). Then you will receive a personal password to insert here in order to request your discount code to be used on FlixBus website or on the app. The nearest FlixBus stops are located in Milan.

Please note that if you regularly have to travel to Milan you can buy a bus/train/ metro or **all-inclusive monthly pass** at a special price for students.



# Documents required for your stay

## **BEFORE ARRIVAL**

### **VISA**

All Non-EU citizens residing abroad need to do a pre-enrolment via Universitaly and start the study Visa (type D) procedures. Once the University has validated the pre-enrolment, the Visa application will be completed at the Italian Embassy/Consulate in the country of residence.

Find out whether you need a Visa for Italy.

Procedures for entry, residency and enrolment of International students

Do not forget to send a scanned copy of vour Visa to:

- Degree seeking students: admission@unipv.it
- Exchange students: incoming.erasmus@unipv.it

## DIPLOMA AND DECLARATION OF VALUE Only Degree seeking students with a Diploma obtained outside of Italy must pro- 2. After obtaining the Visa (if required) and vide:

- Secondary Education/Bachelor Diploma, translated into Italian (if it is not in English) and legalized/apostilled.
- Declaration of Value (DOV) issued by the **Exchange students** upon their arrival will Italian Embassy/Consulate in the country where the qualification was awarded OR the International Mobility Office via email. the Statement of Comparability issued by CIMEA, stating that the student is eligible to enroll in a Bachelor's/Master's Degree program in Italy. Alternatively (only for students enrolling in a Master's Degree) the

Diploma Supplement issued by the home University.

## TAX CODE

All International students must have the Tax Code ("Codice Fiscale"), which is a personal document used for the identification of citizens. It lists 16 alphanumerical digits (representing name, surname, gender, date and place of birth). The Tax Code is essential to open a bank account, to sign a rental agreement and to buy an Italian SIM card. For Non-EU students it is also necessary to register with the Italian National Health Service ("SSN") and to apply for the Residence Permit.

Degree seeking students have two options:

- 1. Request it to the Italian Embassy/Consulate during the Visa application process or the DOV application process, according to the provisions of the Italian Ministry of Foreign Affairs.
- enrolling at the University, request it by following the online procedure described

be directly provided with their Tax Code by

### **ONCE IN PAVIA**

## PERSONAL ACCIDENT INSURANCE

Only Exchange students must arrange by themselves or through their Home University an insurance against damages caused to them while studying at the University of Pavia.

Alternatively, the insurance can be purchased at our University (at a price of 2€ per year) by following these instructions.

## **HEALTH INSURANCE**

All International students must cover the whole length of their studies in Italy with a Health Insurance.

EU students (including students from Iceland, Liechtenstein, Norway and Switzerland): remember to bring with you your European Health Insurance Card ("EHIC"), which gives you access to immediate necessary care under the same conditions as Italian citizens.

In case of need, you can choose a general practitioner ("Medico di Base") registered in this list. In the section "Cerca medico" ("Search for a doctor") click on "Comune" ("Municipality") and choose "Pavia". Once the doctor has been identified, an appointment must be made by calling the indicated phone number.

Non-EU students: being covered by a Health Insurance is compulsory in order to apply for the Residence Permit. You have three options:

1. Register with the Italian National Health Service ("Servizio Sanitario Nazionale-SSN") to get the Health Card ("Tessera Sanitaria") and rely on public Healthcare. The SSN will give you access to a general practitioner and reduced prices for medical examinations and treatments.

The registration runs from January to December, therefore in January of the following year it must be renewed. In order to register, you must go to the Post Office (Piazza della Posta 1, Pavia) and pay a 149,77€ payment form ("bollettino") to be filled in with the following information: "C/C postale n. 379222 - Intestato a: Amministrazione P.T. Regione Lombardia -Causale: iscrizione volontaria S.S.N."

Upon receiving the receipt of payment, you will be able to apply for the Residence Permit, as outlined below. Then, after submitting the application for the Residence Permit, you will need to book an appointment at ASST Pavia Healthcare Centre (Via Indipendenza 3, Pavia) to finalize your registration and be assigned a doctor ("Medico di Base").

## Required documents:

- Passport
- Tax code
- Receipt of the Residence Permit applica-
- Receipt of the payment for registration with the Italian National Health Service ("SSN")
- Self-certification of enrolment at the University (to download from the Student Por-
- Self-certification of accommodation (this form will be available directly at ASST)
- 2. Register with Poste Salute, the Post Office Health Insurance, at Poste Italiane (Piazza della Posta 1, Pavia).
- 3. Purchase a private Health Insurance. Please note that private insurances mainly cover expenses only if you are hospitalized by ambulance or through the Emergency Room: if you choose this option, make sure to check all the contract conditions.

## **RESIDENCE PERMIT**

All Non-EU students staying in Italy for longer than three months must request the Residence Permit within 8 days from their arrival in Italy.

In order to be assisted in filling out the Residence Permit application ("KIT"), book an appointment at the International Student Helpdesk, located at the Police Station (Questura, Via Rismondo 68, Pavia). In case of quarantine upon arrival, book an appointment at the end of your quarantine (in this specific case, the 8 days deadline is waived).

## Required documents:

- Photocopy of your passport (without blank pages)
- Photocopy of a health insurance policy (public or private)/receipt of the payment of SSN registration
- Proof of enrolment at the University of Pavia: self-certification of enrolment at the University (to download from the Student Portal)
- Proof of accomodation: photocopy of fore this date; your house lease or, if guest in one of the residences, a letter signed by the rector or the bursar of the residence
- Proof of economic support: photocopy of scholarship/bank account details/front and back of your credit card
- to buy at the tobacco shop

Once the KIT has been filled in, you must take it to the Post Office (Piazza della Posta 1, Pavia) in order to send it to the Immigration Authorities. Postal and shipping fees will cost 146.92 €.

After sending the KIT you will receive a receipt of your application, which will have

the same value as the Residence Permit until the document is ready, so remember to always carry it with you.

Lastly you will receive a letter or text message with an appointment date for photo signalling and taking your fingerprints at Questura di Pavia. When going to the appointment, do not forget to bring the originals of all the above-mentioned documents, the Post Office receipt and 4 passport photos (with white background).

The status of your Residence Permit can always be checked on Portale Immigrazione (use the username and password that can be found on the Post Office receipt).

United Kingdom citizens: please note that you do not have to book an appointment at the International Student Helpdesk, but you must send an email to immig.quest. pv.regnounito@pecps.poliziadistato.it attaching the following documents:

- If you arrived in Italy before 31/12/2020: ID/Passport and a proof of your arrival be-
- If you arrived/arrive after 31/12/2020: Passport with Visa.

**Do not forget** to send a scanned copy of:

- Receipt of the Residence Permit application
- A 16€ revenue stamp ("marca da bollo"), Letter or text message with the appointment date at Questura (when available)
  - Residence Permit (when available) To the following contacts:
  - Degree seeking students:

<u>Direct Line</u> ("Filo Diretto")

- Exchange students:

incoming.erasmus@unipv.it



# Housing & Bank account

## **EXCHANGE STUDENTS**

Centro Assistenza Studenti is an association that, for free, will help you find an accommodation among four different Collegio Benvenuto Griziotti options: 1.EDiSU Residence; 2.Camplus apartment; 3.Campus Residence; 4.Private room/apartment.

The association will also help Degree seeking students find a room/apartment (service fee 70€).

#### HALLS OF RESIDENCE

Pavia has 20 halls of residence that approximately host 2.000 students.

The residences range from the two oldest historical institutions. Borromeo and Ghislieri, founded at the end of the 16th century, to the more recent ones managed by EDiSU (Agency for the Right to Study).

Residence life is not only accommodation and study, but also an opportunity to acguire a sense of belonging to a community, where academic achievements, traditional events, parties and sporting rivalries play a key role.

## **EDISU RESIDENCES**

EDISU manages 10 residences in Pavia, hosting about 1500 students.

Degree seeking students can find the call for application at EDiSU's website.

The cost of a room can range from 170 to 340€ per month. For EDiSU scholarship beneficiaries the accommodation is free

Collegio Fratelli Cairoli (Merit-based, male) Collegio Gerolamo Cardano

Collegio Castiglioni-Brugnatelli (female)

Collegio Giasone Del Maino Collegio Plinio Fraccaro (male) Collegio Golgi (1 and 2) Collegio Lazzaro Spallanzani (male) Collegio Lorenzo Valla Collegio Alessandro Volta

## MERIT-BASED RESIDENCES

Pavia boasts 5 traditional, merit-based residences.

Degree seeking students can apply for a room according to the call for application available on each website.

Almo Collegio Borromeo Collegio Ghislieri Ca' della Paglia (apartments) Collegio Nuovo (female) Collegio Santa Caterina (female)

## PRIVATE RESIDENCES

Degree seeking students can also apply for privately managed residences.

Camplus (apartments)

Campus Residence (apartments)

Collegio Maria Ausiliatrice (female)

Collegio Universitario "Senatore" Figlie

della Carità Canossiane (female) Pensionato Universitario femminile Do-

mus Pacis (female)

## ACCOMMODATION IN THE PRIVATE MARKET

**All students** can also privately search for a room/apartment through:

- Website: Bakeca.it, Cercacasa.it
- Groups on Facebook: "Pavia Affitti Camere UNIBACHECA PAVIA". "PAVIA

## AFFITTI CAMERE Università di Pavia"

- Notice boards located both in the University central compound (Strada Nuova 65, Pavia) and in each Department's buildings
- Real Estate Agencies

The cost of a single room in a flat can range from 200 until 350€ per month.

#### TEMPORARY SOLUTIONS

While searching for more convenient housing, students may find accommodation on a temporary basis in:

## Hostel

Pavia Ostello

## Rooms to rent

AffittaCamere Pavia Pavia Guest House Residenziale II Naviglio Residence La Sfera Residence Isola Verde Pavia Residence Residence Silmar Locanda della Stazione

#### B&Bs

Le Stanze del Cardinale **32 BNB** Residenza I Mille

## Hotels

Hotel Moderno Hotel Aurora Hotel Rosengarten Hotel Excelsior Pavia

## **BANK ACCOUNT**

Many banks have low fees account offers for students.

Banca Popolare di Sondrio (Piazzale Ponte Coperto Ticino 11, Pavia) is the treasury bank of the University which offers the possibility to open a bank account at special conditions.

The Ateneo Card is the identification card of University of Pavia students and is issued by Banca Popolare di Sondrio.

The card can be activated -without any costs- as a prepaid rechargeable credit card and will be used by the University to credit any refunds, scholarships and sums due for student collaborations. It can also be used in stores in contactless mode and for internet purchases.

Once your Ateneo Card is ready, you will receive an email from the University notifying its availability. After that you will be able to collect it by booking an appointment at the Student Administration Office.

Then, in order to activate it as a credit card, you will need to book an appointment at the bank by sending an email to

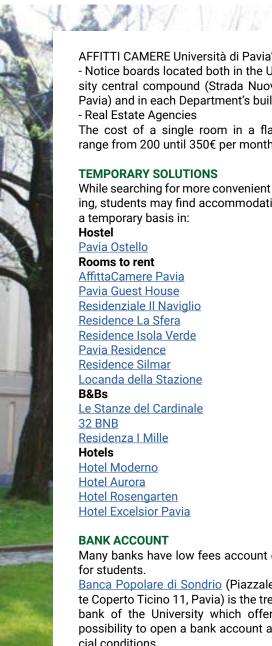
## pavia.succursale@popso.it Documents to be handed in:

- Passport or valid ID
- Tax Identification Number (TIN) of your abroad residence
- Address of your abroad residence
- Residence Permit (Non-EU only)

If you do not still hold it: Receipt of the Residence Permit + Self-certification of enrolment at the University, to download from the Student Portal

- Italian Tax Code
- Address in Italy
- Italian mobile phone number
- University ID number ("matricola")
- Ateneo Card number

Before being able to make any transaction, it is necessary to make an initial deposit on your bank account. The procedures to open the bank account and transfer the funds will take up to 15 days, so make sure you have enough money on arrival.



## Services & Facilities

#### **ONLINE SERVICES**

#### STUDENT PORTAL

By entering Tax Code and password (provided upon registration) on the <u>Student Portal</u> ("Area Riservata"), students can check their account and access the various sections related to their University career, such as registration for exams, study plan, self-certifications regarding enrolment and passed exams, fees payment and so on.

## **MYUNIPV APP**

Through the app "MyUniPV" you will have everything you need to know about University life on your mobile device: access to your Student Portal, courses offer, average grade calculator, campus maps, information about fees and so on.

## **INSTITUTIONAL EMAIL**

All students are given an institutional email account where they will receive all official communications from the University.

Email addresses are as follows: name.surname00@universitadipavia.it. For example, "Alessandro Volta" would be assigned alessandro.volta01@universitadipavia.it.

## **FREE WIFI CONNECTION**

Inside the Campuses you can access two different WiFi networks:

- UNIPV WIFI

Username: your Tax Code; Password: password for the Student Portal

- EDUROAM

Username: your Tax Code + "@unipv.it"; Password: password for the Student Portal

## E-LEARNING PLATFORM

Kiro Blackboard is the e-learning platform of the University of Pavia, in which students will find teaching materials, in-depth exercises, exam tests, verification tests and many other activities to support teaching. You can access Kiro Blackboard by using your Tax Code and your password for the Student Portal.

## **UNIVERSITY CARDS**

## **ATENEO CARD**

The Ateneo Card ("Carta Ateneo+") is the identification card of University of Pavia students and is issued by Banca Popolare di Sondrio, the treasury bank of the University. Once your card is ready, you will receive an email from the University notifying its availability. Then, in order to collect it, you will have to book an appointment at the Student Administration Office.

#### SMART CARD

The Smart Card allows students to access controlled-entry libraries and to use drinking water dispensers.

To get their card, **Degree seeking students** have to send an email to

tessere@unipv.it specifying their name, Tax Code and course of enrollment.

On the other hand, **Exchange students** will be directly provided with it by the International Mobility Office.

## **LIBRARIES**

The University offers 37 Academic Libraries run by different faculties and departments.

All the owned material is listed in OPAC electronic catalogue (Online Public Access Catalogue). By consulting this source, it is possible to find information about books and periodicals' offerings and availability. Each library has its own rules and opening hours, generally from Monday to Friday. In order to access, either for consultation

or for study, it is necessary to reserve a seat via the app "Affluences" (or here) and to sign the appropriate self-certification form.

To enter some libraries students are required to hold the Smart Card.

#### STUDY ROOMS

There are also 6 available <u>Study Rooms</u>, located both in the Humanities campus (City centre) and in the Sciences campus (western part of the City). Some of them are open also during weekends. In order to use the service it is necessary to sign the register of attendance in the study room.

## **ITALIAN LANGUAGE COURSES**

The University of Pavia's <u>Language Centre</u> offers Italian language courses throughout the academic year, according to two options:

- Semester course: from October to January/from February to June (50 hours, 195€)
- One-month Intensive course: from November to December/from March to May (50 hours, 195€)

The courses are all taught by qualified teachers of Italian as a second or foreign language.

## **MUSEUMS**

The University's <u>Museum System</u> offers a variety of museums and collections of interest to both students and the general public. Museums are usually free to access to Unipv students.

## **CANTEENS**

The Canteen Service ("Servizio Mensa") is run in facilities directly managed by EDiSU or managed as concessions. In order to access the canteens at a special price (a complete meal from 4€ to 6,50€ according to the student's economic situation) you will need to download the app "EDiSU-Pavia.EAT" on your smartphone and generate a QR Code.

Follow these instructions.

CLOSE TO THE HUMANITIES CAMPUS **Mensa Collegio Fraccaro** (P.zza L. Da Vinci 2, Pavia)

Monday-Saturday: lunch 12.00-14.00 **Mensa Collegio Castiglioni** (Via San Martino 20, Pavia)

Monday-Sunday: lunch 12.00-14.00 Monday-Saturday: dinner 19.00-21.00 **Mensa Centrale** (Corso Carlo Alberto 2, Pavia)

Monday-Friday: lunch 12.00-14.00

CLOSE TO THE SCIENCES CAMPUS Mensa Cravino (Via Bassi 2, Pavia) Monday-Sunday: lunch 12.00-14.00 Monday-Friday: dinner 19.00-21.00 Mensa Markas (Via Ferrata 20, Pavia) Monday-Friday: lunch 12.00-14.00

## **SPORTS CENTRE**

The University of Pavia's <u>Sports Centre</u> ("C.U.S.") carries out sports activities both in the University circuit (participation in the University National Championships and in national and international activities) and in the circuit of the National Sports Federations.

Facilities consist of three multi-purpose gyms, a weight room, a fencing room, a rugby field, a football/archery field, a field for 5-man football, two beach volley courts, an exercise trail with gymnastic equipment and canoeing-rowing facilities on the left bank of the river Ticino. All University students - including international ones - can join the C.U.S.

## FACILITIES FOR SPECIAL NEED STU-DENTS

The <u>S.A.I.S.D.</u> (University Centre for Special Need Students) takes care of the facilities for students with special needs, coordinating and monitoring all the initiatives relating to the integration of these students in all aspects of University life.

## STUDENTS ASSOCIATIONS

A number of <u>Student Associations</u> organize both cultural, sports and social activities open to all students.

## INTERNATIONAL STUDENTS SUPPORT

STEP ESN Pavia is a volunteering association supporting international students arriving in Pavia. Contact the volunteers at <a href="mailto:pavia@esn.it">pavia@esn.it</a>

#### **BUDDIES**

Unipv offers international students the opportunity to be matched with a Buddy! Buddies are local students who will support you before your arrival and during your first days in Pavia. They will answer your questions and doubts, will help you to

get settled in and will give you valuable opportunities to meet fellow students.

Register in the platform <u>Buddy System</u> to request your buddy.

For doubts or support, contact buddy@unipv.it

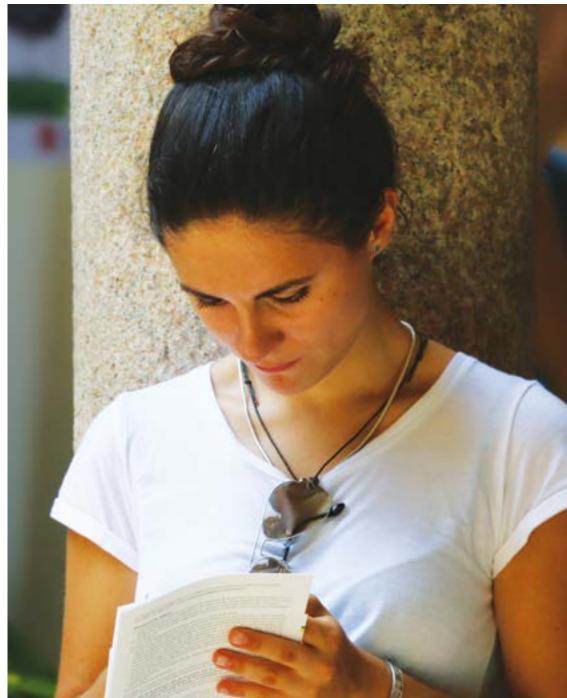
## **PSYCHOLOGICAL COUNSELLING**

The service is free of charge and is offered both in Italian and English.

The interviews with psychologists will have a maximum duration of 50 minutes and will take place via Zoom video-call platform.

You can book an appointment by sending an email to

serviziopsicologia@unipv.it and providing your phone number: you will be called back by the psychologist in charge of telephone triage, who will fix an appointment with you and will provide the instructions for connection. Otherwise the triage service is available by phone (+39 0382.987034, 9.00-11.00 Mon-Fri).



# Sustainable University

## WATER

## IN THE CAMPUS

UNIPV makes available some water steel dispensers where you can take room water, cold water and sparkling water. There are 9 dispensers located in different parts of the campus:

- New engineering campus (bordeaux buildina)
- Plan C of engineering, Palazzo Botta 2
- Institute of Chemistry
- Institute of Physics
- Pole of San Tommaso
- Palazzo San Felice
- Campus Aquae
- Rectorate

You can take for free a maximum of 2 liters of water per day, by using your UNIPV SMART CARD.

A precise and interactive map, locating the dispenser precisely, will be soon integrated in the UNIPV App.

## IN THE CITY

Good, controlled, sustainable and economical. This is the water distributed in our homes by Pavia Acque, the Integrated Water Service Manager in the territory of the Province of Pavia.

The accurate and capillary checks confirm that the tap water is of excellent quality, guaranteed for drinking and food consumption.

Drinking tap water is a choice of great responsibility: above all it means having respect for the environment, significantly contributing to reducing the production, transport and disposal of plastic used for disposable water bottles.

The more you drink tap water the less you pollute. Adopt a sustainable lifestyle, drink tap water!

To get more information and check the parameter values of our tap water, visit Pavia Acque's website.

## **WASTE**

While staying in Pavia, you will have to comply with the Municipality regulations on recycling.

We suggest you download the loamopavia APP, available for smartphones and tablets, where you can find out how to deliver any type of waste, check the door-to-door collection calendars in your Municipality, find the collection centers closest to you, book bulky collections and much more.

And make sure you follow these rules.

Remember: recycling is very important as waste has a huge negative impact on the natural environment! Harmful chemicals and greenhouse gasses are released from rubbish in landfill sites, and without proper collection they risk ending up in nature, especially in rivers, and finally in the sea, causing enormous problems to habitats and fauna. Recycling helps to reduce pollution and preserve natural resources!

### **MOBILITY**

Bike lanes and bike sharing stations

## SHOPPING LOCAL

In the City center you can find lots of groceries and markets to buy local food (fresh vegetables and fruit, rice, eggs, bread, milk, cheese and wine).

## Coldiretti Market

Piazza del Carmine, Pavia Opening hours: Wednesday and Saturday from 7.30 to 12.30

## **LOCAL ENVIRONMENTAL GROUPS**

**PaviaPlasticFree** Fridays for future Pavia (Instagram @fridaysforfuture\_pavia) LegambientePavia

### **CONTACTS**

Unipv's Office for Sustainable Actions





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# Covid-19 rules, Emergency & Contacts

### **COVID-19 RULES**

## **UPDATES**

<u>Italy weekly monitoring reports</u> <u>University of Pavia updates</u>

## **CONDITIONS FOR ENTRY INTO ITALY**

Entry conditions from abroad are defined by the Italian Government. <u>Obligations</u> <u>upon arrival are different according to where you come from</u> (home or transit country).

Remember to fill in the <u>Digital Passenger</u> Locator Form.

## RESIDENCE PERMIT REQUEST IN CASE OF OUARANTINE

In case of quarantine upon arrival, book an appointment at the end of your quarantine (in this specific case, the 8 days deadline is waived).

For information about the documents list and the appointment procedure, check the "Documents required for your stay - Residence Permit" section above.

## COVID-19 VACCINE FOR INTERNATION-AL STUDENTS

If you want to get the Covid-19 vaccine while you are in Pavia, please follow these instructions.

## UNIVERSITY RESIDENCES SAFETY MEASURES

In order to protect students from the risk of Covid-19 infection, the University Residences have implemented a series of measures:

- Upon arrival students must fill in a self-certification -with assumption of responsibility- attesting their state of health; they will also be measured body temperature to verify that it does not exceed 37,5°.
- In case of quarantine, students will be accommodated in dedicated rooms and
- The accommodations are sanitized at the check-out of each student.
- Students will be given a handbook with safety rules to follow, with particular regard to the common areas.
- Specific signs and hand sanitizers will be available in several areas of the buildings.

## **CLASSES ATTENDANCE**

In the A.Y. 2021/22 classes will be offered in presence and students encouraged to attend lectures in person.

In order to guarantee students high quality teaching and the opportunity to easily access study material, all lessons will also be recorded and uploaded on Kiro Blackboard.

Check <u>here</u> for constant classes attendance updates, in compliance with Covid-19 prevention measures.

## ACCESS TO LIBRARIES AND STUDY ROOMS

To enter libraries, both for consultation and for study, it is necessary to reserve a seat via the app "Affluences" (or here) and to sign the appropriate self-certification form.

For what concerns the study room service, students will be required to sign the register of attendance in the study room.

#### **EMERGENCY**

#### SINGLE EMERGENCY NUMBER

112 is the Emergency Number you can dial free of charge from fixed and mobile phones everywhere in the EU. It will get you straight through to the emergency services – Police, Ambulance, Fire brigade.

## **APP FOR EMERGENCIES**

"112 Where Are U" is the app developed for calling/chatting with 112 operators. It automatically sends your location and all the information you want to include.

## **EMERGENCY ROOM**

In case of extreme necessity, you can go 24/7 to the Emergency Room ("Pronto Soccorso") of Policlinico San Matteo Hospital. Take with you your personal documents and the proof of your Health Insurance (Health Card or receipt of the payment).

## **Pronto Soccorso**

DEA-Policlinico San Matteo Hospital Strada Privata Campeggi, Pavia

## **OUT-OF-HOUR MEDICAL SERVICE**

The "Guardia Medica" is a medical service accessible during the hours when your general practitioner is not on duty.

In case of need, call the number 116117:

- Weekdays: from 20.00 to 8.00
- Holidays and days before holidays: H24

#### **USEFUL CONTACTS**

## **POLICE STATION**

You can go to Questura either for reporting any crime (24/7) or for applying for your Residence Permit (by appointment).

Questura di Pavia

Via Rismondo 68, Pavia

### POST OFFICE

You may go to Poste Italiane to pay the form for registering with the Italian National Health Service (SSN).

### Poste Italiane

Piazza della Posta 1, Pavia

## **ASST PAVIA HEALTHCARE CENTRE**

You may go to ASST to register with the Italian National Health Service (SSN).

## **Asst Pavia**

Via Indipendenza 3, Pavia

## BANCA POPOLARE DI SONDRIO

You may go to this bank to open your new bank account.

## Banca Popolare di Sondrio

Piazzale Ponte Coperto Ticino 11, Pavia

#### **BUS STATION**

Viale Trieste 23, Pavia

## TRAIN STATION

Piazzale della Stazione, Pavia

## **UNIVERSITY'S OFFICES**

- WELCOME OFFICE

First information for Degree seeking students.

E-mail: welcomeoffice@unipv.it

**Enquiry form** 

Phone: (+39) 0382.984020

Video-call: book an appointment here
Physical meeting: book an appointment here

- INFORMASTUDENTI

Information for Enrolled students.

<u>Direct Line - "Filo Diretto"</u>

**Phone**: (+39) 0382.989898

- INTERNATIONAL MOBILITY OFFICE Information for Exchange students.

## E-mail

Erasmus: incoming.erasmus@unipv.it

Overseas: overseas@unipv.it

Phone: (+39) 0382.984114/0382.984601/

0382.984694

**Video-call**: book an appointment <u>here</u> **Physical meeting**: book an appointment

here

## Survival Italian

### **DOCUMENTS**

**Declaration of Value** 

- Dichiarazione di Valore

**Diploma** - Diploma

Health Insurance - Assicurazione medica

ID - Carta d'identità

Passport - Passaporto

Payment form - Bollettino

Receipt - Ricevuta

Residence Permit - Permesso di Soggiorno

Revenue stamp - Marca da bollo

Self-certification of University enrolment -

Autocertificazione di iscrizione all'

Università

Tax Code - Codice Fiscale

Visa - Visto

## **EMERGENCY**

Accident - Incidente

Ambulance - Ambulanza

**Doctor** - Medico

Emergency Room - Pronto Soccorso

Fever - Febbre

Fire Brigade - Vigili del Fuoco

Help - Aiuto

Hospital - Ospedale

Loss of documents - Perdita dei documenti

Medicine - Medicina

**Out-Of-Hour Medical Service** 

- Guardia Medica

Pain - Dolore

Pharmacy - Farmacia

Police - Polizia

Robbery - Rapina

**Theft** - Furto

## COVID-19

Hand sanitizer - Gel disinfettante

Mask - Mascherina

Positive/negative - Positivo/negativo

Quarantine - Quarantena

Swab - Tampone

Vaccine - Vaccino

## **UNIVERSITY LIFE**

Book - Libro

**Call for application** - Bando

Class - Lezione

Classroom - Aula

Direct Line - Filo Diretto

Exam - Esame

Library - Biblioteca

Photocopy - Fotocopia

Scholarship - Borsa di studio

Student Administration Office

- Segreteria Studenti

Study Plan - Piano di studi

Student Portal - Area Riservata

Study Room - Aula Studio

Tax Office - Ufficio Tasse

**To study** - Studiare

Tuition fees - Tasse universitarie

## HOUSING

**Apartment** - Appartamento

Bathroom - Bagno

Hostel - Ostello

Hotel - Hotel

House lease - Contratto di affitto

Kitchen - Cucina

Residence - Collegio

Room - Stanza

To rent - Affittare

## **TRANSPORTS**

Airport - Aeroporto

Bike - Bicicletta

**Bus** - Autobus

Car - Macchina

**Discount** - Sconto

Pass - Abbonamento

Plane - Aereo

Station - Stazione

**Ticket** - Bialietto

Train - Treno

**Underground** - Metro

## **SMALL TALKS**

Bank - Banca

Bank account - Conto bancario

**Bye** - Ciao/Arrivederci

Good afternoon - Buonasera

**Good morning** - Buongiorno

Good night - Buonanotte

Hi - Ciao

**Mobile phone** - Cellulare

Mobile phone SIM card - Carta SIM

Open/closed - Aperto/chiuso

**Please** - Per favore

Post Office - Posta

Shop - Negozio

Thank you - Grazie

Tobacco shop - Tabacchi

To buy - Comprare

**To pay** - Pagare

You are welcome - Prego

